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(54) Aerosol comprising solution of inhalation medicament

(57) A solution of an inhalation medicament is packaged in a sealed dispenser containing a pressurised gas and provided with a one-way outlet valve, eg a metering valve.

The dispenser may be prepared by introducing the solution and the pressurised gas into the dispenser under sterile conditions. Alternatively, the dispenser may be sterilised after introduction of the solution and gas.

After being dispensed from the dispenser, the solution can be administered by nebulisation.

A particularly preferred solution for use in conjunction with the dispensers contains sodium cromoglycate and chlorbutol. This solution is indicated for use in the treatment of reversible obstructive airways disease.

An aqueous solution of sodium cromoglycate and chlorbutol is prepared by dissolving the chlorbutol in distilled water at a temperature of 20-60°C in a covered or sealed vessel and admixing the resulting solution with solid sodium cromoglycate.

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• Pharmaceutical Compositions

This invention relates to pharmaceutical compositions, in particular compositions for administration by inhalation, packaging therefor, and the use of such 5 compositions in the treatment of reversible obstructive airways disease.

The administration of medicaments by inhalation is well known. Medicaments for administration by the inhalation route are generally formulated either as 10 powders, for administration by insufflation or as pressurised aerosols, or as solutions, eg aqueous solutions, for administration by nebulisation.

Solutions for inhalation may be put up either as single dose or as multi-dose formulations. Both 15 presentations suffer from certain disadvantages. Single dose packaging is less convenient to use and more expensive and wasteful to manufacture. Such packaging frequently takes the form of glass ampoules, each containing a unit dose. Typically, the ampoule is broken open immediately 20 prior to use and the contents transferred to a nebuliser for administration. The breaking open of the ampoule can give rise to the formation of glass sherds which are liable to be inhaled by the patient. This is clearly undesirable. Multi-dose packaging, in which the solution 25 is packaged as a bulk from which unit doses can be

dispensed immediately prior to use, is on the face of it much more attractive. However, it has hitherto been found that, in order to maintain the sterility of the solution, the formulation must contain a preservative. This is a serious disadvantage since any preservative used may inter alia adversely affect the stability of the solution or, more seriously, may cause unwanted side-effects. In particular, the preservative generally used, benzalkonium chloride, has been found to have unacceptable sensitising, ie allergic, effects or to have bronchoconstrictor properties when administered directly to the lung.

The present invention overcomes or substantially mitigates the above disadvantages.

According to the invention there is provided a sealed dispenser provided with a one-way outlet valve and containing a pressurised gas and a sterile solution of an inhalation medicament.

The dispenser according to the invention is advantageous in that it provides a relatively inexpensive and convenient form of packaging for multi-dose pharmaceutical solutions. Furthermore, the dispenser enables the storage and multiple dosing of unpreserved solutions of medicament while maintaining adequate sterility. By "adequate sterility" we mean fewer than 50 microorganisms per gram of solution. According to one

• preferred aspect of the invention there is therefore provided a sealed dispenser provided with a one-way outlet valve and containing a pressurised gas and a sterile unpreserved solution of an inhalation medicament.

5 Aliquots of the solution contained within the dispenser may be dispensed, eg into a nebuliser for administration to a patient.

The dispenser may be manufactured from any of a number of materials. Suitable materials include, for example, 10 glass and plastics, eg polytetrafluoroethylene. We prefer, however, that the dispenser be manufactured from metal, especially aluminium.

When the dispenser is made of metal the internal surface of the dispenser is preferably lacquered or 15 otherwise coated to prevent or inhibit contamination of the solution with heavy metals.

The pressurised gas may be, for example, any pressurised gas suitable for use as an aerosol propellant. Examples of suitable gases are hydrocarbons, eg butanes and 20 pentanes, nitrous oxide, carbon dioxide and dimethyl ether. We prefer, however, the pressurised gas to be nitrogen.

The dispenser may be pressurised to any pressure sufficient to bring about accurate dispensing of aliquots 25 of solution. The pressure may, for example, be from about

. 30 to 100 kPa, and is typically from 50 to 80 kPa.

• The one-way outlet valve is typically of conventional design and preferably includes a metering chamber. The valve is preferably crimped onto the dispenser and sealed 5 with a gasket, eg a butyl rubber gasket. Where, as is preferred, the valve is a metering valve, the metering volume may typically be from 0.5 to 5ml. For many applications a metering volume of 2ml is appropriate.

The metering chamber of the valve preferably 10 communicates with the interior of the dispenser via an elongate tube extending to a region near the bottom of the dispenser. This has the advantage that the dispenser may be used in the upright position. Alternatively, where no elongate tube is provided, the dispenser may be operated in 15 the inverted position.

The valve is preferably provided with an outlet tube or spout to facilitate transfer of dispensed solution to, for example, a nebuliser.

The inhalation medicament may be of any class of drug 20 conventionally administered by the inhalation route, eg bronchodilators, steroids and anti-allergy drugs, for example drugs which function by preventing or inhibiting the release of factors which mediate the allergic reaction. Specific drugs of the latter category which may 25 be mentioned include those known by the generic names

- nedocromil sodium and sodium cromoglycate.

Generally, the solution may be prepared by methods known to be suitable for preparing solutions of the particular inhalation medicament concerned. Similarly, the 5 dispenser may be filled by conventional methods, eg by aseptically introducing the solution into the dispenser and then pressurising under sterile conditions. Alternatively, the sterile solution may be introduced into the dispenser after pressurisation. As a further alternative, the 10 solution and dispenser may be sterilised, eg by gamma irradiation, after filling of the solution into the dispenser and pressurisation.

Although, as noted above, the dispenser according to the invention may eliminate the need for the solution to 15 contain a preservative, a preservative may nonetheless be included in the solution if desired.

A particularly preferred solution for use in conjunction with the dispenser of the invention contains sodium cromoglycate and chlorbutol. This solution is 20 particularly advantageous in that, although it contains a preservative, it can be administered directly to a patient's lung with no significant sensitising or bronchodilatory effect.

The concentration of chlorbutol in the solution should 25 be such that bacterial growth in the formulation is

inhibited. We have found that acceptable concentrations of chlorbutol are greater than 0.25% w/v but that the upper limit for the concentration of chlorbutol is about 0.6% w/v.

5 The concentration of sodium cromoglycate in the solution may be in the range 0.1 to 10%, preferably from 0.5 to 5% and more preferably about 1 or 2% w/v.

Thus, according to a preferred aspect of the invention, there is provided a sealed dispenser provided 10 with a one-way outlet valve and containing a pressurised gas and a sterile aqueous solution comprising 0.1 to 10% w/v sodium cromoglycate and 0.25 to 0.6% w/v chlorbutol.

The solution may also contain an effective proportion of a pharmaceutically acceptable chelating or sequestering 15 agent such as ethylene diamine tetraacetic acid or its salts, eg its disodium salt (disodium edetate).

The concentration of the chelating or sequestering agent should be such as to ensure that no precipitate of metal salts of cromoglycic acid occurs. A suitable 20 concentration may be from 0.01 to 1.0% w/v and preferably from 0.04 to 0.06% w/v, eg 0.05% w/v.

The formulation may also contain buffers, eg sodium dihydrogen orthophosphate (sodium acid phosphate BP), disodium hydrogen phosphate (sodium phosphate BP), sodium 25 citrate/citric acid, and boric acid/sodium borate.

The formulation preferably has a pH in the range 3.0 to 6.0, more preferably 4.0 to 5.0.

The formulation may be made isotonic with physiological fluids by the incorporation of a suitable 5 tonicity agent, eg sodium chloride.

Conventional sterile formulations of sodium cromoglycate are prepared by making a double strength solution of the preservative, eg benzalkonium chloride, and a double strength solution of sodium cromoglycate and 10 mixing the two together. However, we have now found that this conventional method of preparation is not suitable for aqueous solutions of sodium cromoglycate and chlorbutol. Instead, we have found that satisfactory results may be obtained by dissolving chlorbutol in distilled water at a 15 temperature in the range 20-60°C in a sealed or covered vessel and admixing the resulting solution with solid sodium cromoglycate.

We prefer the chlorbutol to be dissolved at a temperature in the range 45-55°C, more preferably at a 20 temperature of about 50°C.

The solution of sodium cromoglycate and chlorbutol is useful, inter alia, in the treatment of reversible obstructive airways disease, including "extrinsic" allergic asthma and "intrinsic" asthma (in which no sensitivity to 25 extrinsic antigen can be demonstrated).

the fungal plates were incubated at 25°C for 7 days. Following incubation any microorganisms growing on the filters were counted.

The results were as follows:

5 a) Bacterial contamination

2 bacteria were counted in the sample taken on day 21 and 1 in the sample from day 9. Otherwise no microorganisms were observed.

b) Yeast and Mould contamination

10 1 microorganism was counted in the samples from day 8, day 21 and day 22. Otherwise no microorganisms were observed.

These results indicate that over the three weeks of testing there was no proliferation of any microorganisms 15 which may have contaminated the sodium cromoglycate solution.

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Claims

1. A sealed dispenser provided with a one-way outlet valve and containing a pressurised gas and a sterile solution of an inhalation medicament.
- 5 2. A dispenser according to Claim 1, which is manufactured from aluminium lacquered or otherwise coated to prevent or inhibit contamination of the solution.
3. A dispenser according to any one of the preceding claims, wherein the pressurised gas is nitrogen.
- 10 4. A dispenser according to any one of the preceding claims, pressurised to a pressure of from 30 to 100 kPa.
5. A dispenser according to any one of the preceding claims, wherein the one-way outlet valve is a metering valve with a metering volume of from 0.5 to 5ml.
- 15 6. A dispenser according to any one of the preceding claims, wherein the inhalation medicament is an anti-allergy drug which functions by preventing or inhibiting the release of factors which mediate the allergic reaction.
- 20 7. A dispenser according to any one of the preceding claims, wherein the solution is unpreserved.
8. A dispenser according to any one of Claims 1 to 6, wherein the solution comprises 0.1 to 10% w/v sodium cromoglycate and 0.25 to 0.6% w/v chlorbutol.
- 25 9. A process for the preparation of a an aqueous solution

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